## Non-Health Care Worker Symptom Screening Checklist

<ul> <li>Have you had close contact (within 6 feet for at least 15 minutes) in the last 14 days with someone diagnosed with COVID-19, or has any health department or health care provider been in contact with you and advised you to quarantine?</li> <li>Yes</li> <li>No</li> </ul>
<ul> <li>Since you last worked, have you had any of these symptoms?</li> <li>Fever</li> <li>Chills</li> <li>Shortness of breath or difficulty breathing</li> <li>New cough</li> <li>New loss of taste or smell</li> </ul>
3. Since you last worked, have you been diagnosed with COVID-19?  ☐ Yes ☐ No
If a worker has been diagnosed with, has symptoms of, or has been exposed to COVID-19, they should go home, stay away from other people, and call their doctor or local health department
If a worker is diagnosed with COVID-19 based on a test or their symptoms or does not get a COVID-19 test but has had symptoms, they can return to work when they can answer YES to ALL three questions:  Has it been at least 10 days since you first had symptoms? Has it been at least 1 day since you've had a fever (without using fever reducing medicine)? Have your other symptoms improved?
If a person has been diagnosed with COVID-19 but does not have symptoms, they can return to work when 10 days have passed since the date of their first positive COVID-19 test, assuming they have not subsequently developed symptoms since their positive test.
If an employee has had a negative COVID-19 test, they can return to work once they have no fever without the use of fever-reducing medicines and have felt well for 24 hours.

If a person has been determined to have been in close contact with someone diagnosed with COVID-19, they can return to work 14 days since the last known contact, unless they test positive. In which case, criteria above would apply. They must complete the full 14 days of quarantine, even if they test negative.



Staying apart brings us together.

Protect your family and neighbors.

Learn more at nc.gov/covid19.



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